

Weekly Update: Friday 20th November 2020

Dear parent or carer

We have reached the end of another week – that makes 9 relatively uninterrupted weeks in school so far. What a blessing as we go forward – excellent foundation for the rest of the year. Fingers crossed! Please remember to follow the guidance should your child or a close contact display symptom or test positive for COVID. This is - in no small way - helping to keep us all safe.

Once again, thank you for your continued support and cooperation. Stay safe and God bless.

Mrs D Graffin

Mrs Deirdre Graffin

Principal

Dates for your diary

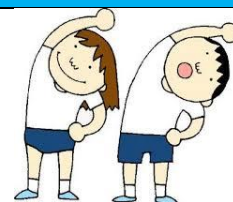
Mon 23 rd Nov	• NRPS Road Safety Week Begins!
Tues 24 th Nov	• Our Connected Assembly featuring Y4
Wed 25 th Nov	• Wednesday Wheels – more info below
Thur 26 th Nov	• Treat Thursday: Bring a small snack – remember we are a nut-free school! • PSNI Wendy Stevenson talking to Y6 & Y7 about walking/travelling home in the evening
Fri 27 th Nov	• Y7 Transfer Club 8am • Walking bus – more info below
Mon 30 th Nov & Tues 1 st Dec	• Y3 stay until 2.55pm for Nativity rehearsal

PE Uniform: Revised arrangements

Please make sure that school shoes are sturdy so that your child can complete daily outdoor activities and light running safely.

UPDATED Y5, 6 & 7 do not change in school for PE. They should come to school ready on their PE day (Mon – Y6, Tues Y5, Thur – Y7).

What does that mean? On PE day Y5-7 should wear school/dark tracksuit bottoms, trainers, school polo shirt/school PE t-shirt. *Children do not bring a change and or wear any other sports gear eg football tracksuits, Gaelic tops.* Y1-4 do not change for PE.



Christmas in New Row: Year 3 Nativity Update



Your child's class may already have begun preparing their Christmas party piece and we encourage parents to help them practise at home. *It would be helpful if every child (except Y3) had their own red Santa hat (or hairband – no lights!) to wear during their performance.* Year 3 will perform a nativity. This will take some extra time to prepare and for this reason we ask that they stay on until 2.55pm for 4 afternoons (see above). Remember – Christmas isn't cancelled! **#NRPSXmas Ver 2.0**

Enrolment for September 2021

Is your child due to start Y1 in Sept 2021? Do you have a relative, neighbour or friend who would like their child to join the New Row family? Please contact the school office (and encourage others to) so we can gather some information. This will allow us to keep parents informed about key dates etc in the application process. Plans for our Open Day with a difference will be shared next week. Having contact details would really help share information. Watch this space!

Road Safety Week 2020

Road Safety Week



This year NI Road Safety Week was scheduled for the same week as Anti-bullying week. Because there are very important messages to share during both weeks, we will hold our own Road Safety Week. As well as reminding everyone that it is important to be bright and be seen all week, there will be other activities! We have planned an information session for Y6 & 7 on safety when travelling home from school. We will also introduce a new family-led initiative, encouraging children and parents to cycle to and from school together using their *Wednesday Wheels*. The week ends with the return of the Walking Bus. Dust off your cycling helmet and walking shoes!

Wednesday Wheels

In conjunction with Road Safety Week, we are introducing a new family-led initiative, encouraging children and parents to cycle to and from school together using their *Wednesday Wheels*.

We hope that by inviting parents and carers to accompany their child travelling to *and home* from school by bicycle, it will help teach our children the rules of cycling.

If you would like to get involved and your parent can't join you, maybe another family member or friend could be your cycling buddy? (respecting COVID restrictions, of course!).

New Row is a Cycle-Friendly school!

- ✓ Wear your helmet and bring it into school - keep it in your class until home time
- ✓ Enter and leave the school via the pedestrian gate onto Chichester Avenue
- ✓ The school lane is *out of bounds* for cyclists - only for cars and vans
- ✓ Remember – *walk* with your bike on school grounds. When? Always!
- ✓ Park your bike in the rack at the end of the Y7 playground
- ✓ From next week Y6 & 7 children must have permission to cycle to/from school on their own. We will text a link to these parent to complete the online consent form.



CYCLING WITH CHILDREN

Advice for parents and families about how to stay safe when cycling with children from BRAKE – the road safety charity

<https://www.brake.org.uk/>

Top tips for cycling safely with children

- Seek routes, where you can, that are entirely off road Avoid rural roads with lots of bends and urban streets with lots of traffic
- Brake doesn't recommend that children under the age of 10 cycle on roads - ever.
- The whole family should wear helmets; set a good example by wearing a helmet too.
- Your child's helmet should be new and undamaged. Check the strap is snug under their chin.
- Make sure you all wear bright clothing such as high-visibility vests.

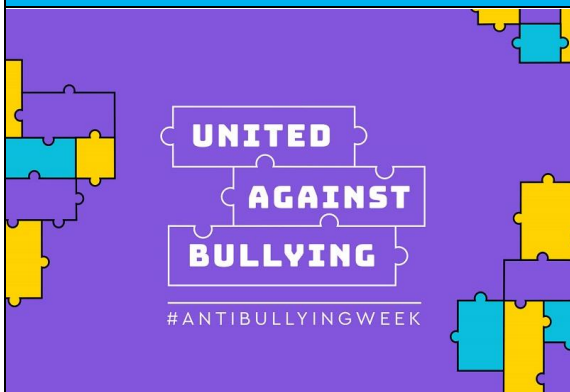
The Walking Bus is BACK!



We are looking forward to you joining us in your family bubbles or to meet with your class bubble next Friday morning. We will leave Broagh Village at the slightly later time of 8.40am. Parents are welcome to walk along with their family. Others may walk with a member of staff in their class bubble. Children (and adults) should wear their own high vis vest or coat if they have one. Staff will bring a small supply along with them, too. *Adults: remember to keep your distance and wear a face mask – thank you.*

We care ~ We share ~ We learn

Anti-Bullying Week



Well done to pupils, staff and parents for engaging in our Anti-Bullying Week. Even Marie in the kitchen joined in with our Friendship Dinner on Tuesday! This week only highlights the need to keep talking and reviewing our understanding of socially unacceptable behaviour and situations when bullying behaviour occurs.

How well do you understand what bullying behaviour is – and isn't? Here's a little test for the adults!

Staff and pupils have spent time reviewing our understanding of what is bullying behaviour. There is a focus on both preventing it from happening and what to do when it occurs. A very important part of this is looking at all socially unacceptable behaviours – being rude or mean. It is these behaviours that can turn into bullying behaviour if they are persistent, targeted and intentional.

QUIZ for PARENTS & CARERS:

What is bullying?

Can you use the words in the box to fill in the spaces/ this has been taken from our Anti Bullying Information leaflet, shared last week.

socially keeps unintentionally	told them to stop unacceptable behaviour	occasionally upset hurt	intentionally bullying targets
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When anyone _____ says or does something _____ hurtful to you and others that's RUDE – **behaving rudely is** _____.

When anyone _____ says or does something _____ hurtful to you and others that's MEAN – **behaving meanly is** _____.

When a particular person chooses to pick on you (i.e. _____ you) and _____ keeps on saying and doing things which they know hurt and upset you even when you've _____ that's _____.

Rude, and Mean Socially Unacceptable Behaviours can include: · name calling or teasing; · making things up to get you into trouble; · nipping, biting, hitting, punching, pushing; · taking or damaging your belongings; · taking your friends away from you; · spreading unkind rumours or making threats; · exclusion from friendship groups.

REMEMBER When someone _____ you, and _____ on saying and doing rude and mean things to _____ and _____ you then their _____ behaviours **HAVE BECOME BULLYING BEHAVIOURS**

Answers at the end of the newsletter – no peeking!!

Connected Assembly

On Tuesday we were treated to a performance from Y1 of the old favourite *If I were a butterfly*. A recording was shared with parents on SEESAW and the reports were very positive. Once again, all classes tuned in through their interactive panels and loved seeing (and hearing) them. Well done, Y1! Next week it is the turn of Y4.

Friends of New Row: Annual Calendar

Calendars are now with the printer and will be available to order next week. We have altered the format so that they can be easily posted to loved ones – helping us to stay connected at a time when it is so challenging to do so. They are great value at £5 each or 3 for £12. Order forms will be sent home next week.

Music Lessons

Are you interested in your child learning to play the violin, flute or clarinet? EA Music tutors will complete basic ear tests, beginning with violin next week. Preference will be given to Year 4 pupils and expended to others depending on availability.

What do the lessons involve?

Weekly 20 minute lessons of 2-3 children from the same bubble

Four good practise sessions per week at home of approx 15 minutes

Parental contribution of £75 for all lessons until end June (minimum of 20)

Hire of instrument from EA is strongly recommended, particularly for beginners

What now?

Talk to your child. It can be tough at times – but very rewarding – just like anything worthwhile! The end of year beginners' concert is a highlight for pupils and families alike!

Email Mrs Graffin at dgraffin653@c2ken.net to express interest or with any queries. If violin is the preferred instrument, please do this on/before Tuesday (27th)

In November we remember

In November we will take time in school to remember all the people who have died.

What can we do at home?

- ❖ We can attend the grave of our loved ones and pray for them
- ❖ We can light a candle in the Chapel for them.
- ❖ We can create a little spot in the home where we can stop, say a prayer and remember our loved ones.
- ❖ We can think of happy times we spent with our loved ones.



Prayer for those who have died (or say a prayer of your own):

Eternal rest grant to them O Lord and let perpetual light shine on them. May they rest in peace. Amen.

Friends of New Row: Caring & Sharing

This year, more than ever, families in our local community, and within the school, are facing difficult times. 2020 has given each of us enough to worry about. We are delighted to introduce our new Food Voucher Scheme, funded by Friends of New Row. If you would benefit from a little help with groceries, simply speak to Mrs Graffin, in complete confidence.



Financial or other worries? Need some assistance or support?
Call ST VINCENT DE PAUL Confidential Local Helpline 028 7930 0819.

We care ~ We share ~ We learn

What is bullying? (Answers)

When anyone occasionally says or does something unintentionally hurtful to you and others that's RUDE – **behaving rudely is socially unacceptable.**

When anyone occasionally says or does something intentionally hurtful to you and others that's MEAN – **behaving meanly is socially unacceptable.**

When a particular person chooses to pick on you (i.e. targets you) and intentionally keeps on saying and doing things which they know hurt and upset you even when you've told them to stop that's **BULLYING BEHAVIOUR.**

Rude, and Mean Socially Unacceptable Behaviours can include: · name calling or teasing; · making things up to get you into trouble; · nipping, biting, hitting, punching, pushing; · taking or damaging your belongings; · taking your friends away from you; · spreading unkind rumours or making threats; · exclusion from friendship groups.

REMEMBER When someone intentionally targets you, and keeps on saying and doing rude and mean things to upset and hurt you then their Socially Unacceptable Behaviours **HAVE BECOME BULLYING BEHAVIOURS.**

INFORMATION FOR PARENTS & CARERS

Everyone has a role to play in keeping our schools safe and helping to stop the spread of COVID-19.

DON'T SEND YOUR CHILD TO SCHOOL IF THEY HAVE COVID-19 SYMPTOMS.

VISIT [NIDIRECT.GOV.UK/CORONAVIRUS](https://nidirect.gov.uk/coronavirus) TO BOOK A TEST ONLINE. CALL 119 IF YOU CANNOT BOOK A TEST ONLINE.

YOU SHOULD BOOK A COVID-19 TEST IF YOUR CHILD HAS:

A HIGH TEMPERATURE

This means they feel hot to touch on their chest or back (you do not need to measure their temperature).

OR

A NEW CONTINUOUS COUGH

This means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if they usually have a cough, it may be worse than usual).

OR

A LOSS OR CHANGE TO THEIR SENSE OF SMELL OR TASTE

This means they've noticed they cannot smell or taste anything, or things smell or taste different to normal.

IF YOUR CHILD DOES NOT HAVE SYMPTOMS OF COVID-19 BUT HAS OTHER COLD-LIKE SYMPTOMS, SUCH AS A RUNNY NOSE, THEY DO NOT NEED TO BE TESTED AND THEY OR MEMBERS OF YOUR HOUSEHOLD DO NOT NEED TO SELF-ISOLATE. YOUR CHILD CAN ATTEND SCHOOL IF FIT TO DO SO.

HERE'S WHAT TO DO IF:

YOUR CHILD HAS COVID-19 SYMPTOMS

WHAT TO DO?

- DO NOT SEND YOUR CHILD TO SCHOOL
- Book a COVID-19 test
- Household self-isolates
- Inform school immediately about test result

WHEN CAN MY CHILD RETURN?

Your child can return to school if the test is negative providing they are well enough, have not had a fever for 48 hours and if they haven't been advised to self-isolate by the PHA Contact Tracing Service.

YOUR CHILD TESTS POSITIVE FOR COVID-19

WHAT TO DO?

- DO NOT SEND YOUR CHILD TO SCHOOL
- Inform school immediately about test result
- Self-isolate for at least 10 days as advised by the PHA.

WHEN CAN MY CHILD RETURN?

Your child can return to school after 10 days even if they still have a cough / loss of smell or taste. These symptoms can last for several weeks.

SOMEBODY IN MY HOUSEHOLD HAS COVID-19 SYMPTOMS

WHAT TO DO?

- DO NOT SEND YOUR CHILD TO SCHOOL
- The household member should book a COVID-19 test
- Household self-isolates
- Inform school immediately about test result

WHEN CAN MY CHILD RETURN?

Your child can return to school if the symptomatic household member's test is negative and if they haven't been advised to self-isolate by the PHA Contact Tracing Service.

SOMEBODY IN MY HOUSEHOLD TESTS POSITIVE FOR COVID-19

WHAT TO DO?

- DO NOT SEND YOUR CHILD TO SCHOOL
- Inform school immediately about test result

WHEN CAN MY CHILD RETURN?

Your child can return to school when they have completed 14 days of self-isolation without any symptoms*.

CONTACT TRACING HAS IDENTIFIED MY CHILD AS A CLOSE CONTACT

WHAT TO DO?

- DO NOT SEND YOUR CHILD TO SCHOOL
- Self-isolate for at least 14 days as advised by the PHA Contact Tracing Service

WHEN CAN MY CHILD RETURN?

Your child can return to school when they have completed 14 days of self-isolation without any symptoms*.

YOUR CHILD HAS BEEN IN CONTACT WITH SOMEONE WHO HAS BEEN IDENTIFIED AS A CLOSE CONTACT

WHAT TO DO?

- Attend school as normal
- If your child does not have any COVID-19 symptoms they should carry on with normal activities.

YOUR CHILD HAS TRAVELLED ABROAD AND HAS TO SELF-ISOLATE

WHAT TO DO?

- DO NOT SEND YOUR CHILD TO SCHOOL
- Self-isolate for 14 days in line with quarantine advice

WHEN CAN MY CHILD RETURN?

Your child can return to school when they have completed 14 days of self-isolation without any symptoms*.

*If your child has been identified as a close contact of a case of COVID-19, or has returned from travel abroad and is self-isolating, they must self-isolate for 14 days regardless of a negative COVID-19 test result.

Further information, including Frequently Asked Questions for Parents and Carers, can be found on the Department of Education's website at www.education-ni.gov.uk

EDUCATION RESTART

