

# PRIMARY MENU - 2019 (CHOICE) - MENU A

**school  
food**

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	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week One</b>  <b>06/01/2020</b>	SCHOOL CLOSED	Homemade Soup, Potato & Bread, Beef Burger & Bap Diced Potatoes  Biscuit, Fruit and Milkshake	Baked Gammon, Pineapple & Stuffing , Cabbage, Carrots, Parsley Sauce, Dry Oven Roast & Mashed Potato  Ice-cream & Fruit	Chicken Curry, Rice & Naan Bread OR Cheese & Tomato Pizza, Baked Beans, Sweetcorn, Mashed Potato  Fresh Fruit & Yoghurt	Oven Baked Crumbed Fish & Lemon OR Chicken Wrap Peas, Coleslaw, Mashed Potato Or Chips  Fresh Fruit & Frozen Yoghurt
<b>Week Two</b>  <b>13/01/2020</b>	Savoury Mince Coucous / Pasta OR Stuffed Bacon Rolls, Broccoli, Turnip, Mashed Potato Chocolate Pear Sponge & Chocolate Sauce	Chicken & Tomato Pesto OR Brown Stew Sweetcorn Mixed Vegetables and Mashed Potato  Fruit and Yoghurt	Roast Chicken , Stuffing & Gravy , Carrots, Cauliflower Dry Oven Roast & Mashed Potato  Fruit Krispie Square & Custard	Oven Baked Crumbed Fish,Peas,Sweetcorn, Mashed Potato Parsley Sauce OR Chicken Curry, Rice & Naan Bread Fruit & Yoghurt	Chilli Chicken & Salad Wrap OR Oven Baked Sausages, Sweetcorn, Beans, Mashed Potato Or Chips Frozen Yoghurt & Fresh Fruit
<b>Week Three</b>  <b>20/01/2020</b>	Chicken Curry & Rice OR Oven Baked Fish Fingers Lemon Sweetcorn Carrots Mashed Potato  Ice-Cream Tub & Fruit	Buffet Selection of Sandwiches (chicken/cheese/tuna) Pizza Finger Chicken Nuggets Carrot Sticks  Milk Pudding & Fruit	Roast Pork & Apple Sauce Carrots,Cauliflower Mashed & Dry Oven Roast Potato,Stuffing & Gravy  Fruit Muffin & Milkshake	Vegetable Pasta Bolognaise OR Steak Burger Baked Beans, Broccoli, Mashed Or Baked Potatoes Fruit & Yoghurt	Oven Baked Sausages OR Chicken Tika Noodles Peas Mashed Potato Or Chips  Fruit & Frozen Yoghurt
<b>Week Four</b>  <b>27/01/2020</b>	Chicken Curry & Rice OR Cheese & Tomato Pizza, Peas, Salad & Homemade Wedges Crunchy Fruit Crumble & Custard	Oven Baked Chicken Goujons OR Bolognaise Pasta, Sweetcorn, Mashed Or Herb Diced Potato Fruit & Yoghurt	Roast Beef, Carrots, Green Beans, Dry Oven Roast Potato,Stuffing and Gravy  Ice-cream & Fruit	Cottage Pie /Savoury Mince OR Cheese Panini Salad Peas Mashed Or Herb Diced Potato  Biscuit, Fruit & Milkshake	Oven Baked Sausages OR Salmon Cake Sweetcorn, Beans, Baked Potato Or Chips Fruit &Frozen Yoghurt

**Bread, salad, fruit,  
yoghurt, milk and  
water  
are available daily.**

If you require any  
additional information  
on allergens or  
special diet please  
contact the school in  
the first instance



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