

# PRIMARY MENU - 2019 (CHOICE) - MENU A



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week One</b>  <b>04/11/2019</b>	Spaghetti Bolognaise & Herb Bread OR Oven Baked Sausages, Carrots, Sweetcorn, Mashed Or Baked Potato Apple Sponge & Custard	Homemade Soup, Potato & Bread, Beef Burger & Bap Coleslaw and Side Salad  Flakemeal Biscuit, Fruit Milkshake	Baked Gammon, Pineapple & Stuffing , Cabbage, Carrots, Parsley Sauce, Dry Oven Roast & Mashed Potato  Ice-cream & Fresh Fruit	Chicken Curry, Rice & Naan Bread OR Cheese & Tomato Pizza, Baked Beans, Sweetcorn, Mashed or Diced Potato  Fresh Fruit & Yoghurt	Oven Baked Crumbed Fish & Lemon OR Chicken Wrap Peas, Coleslaw, Mashed Potato Or Chips  Fresh Fruit & Frozen Yoghurt
<b>Week Two</b>  <b>11/11/2019</b>	Savoury Mince Coucous / Pasta OR Stuffed Bacon Rolls, Broccoli, Turnip, Mashed Potato Chocolate Pear Sponge & Chocolate Sauce	FRIENDSHIP DINNER  Chicken Nuggets Cocktail Sausages Beans and Chips  Ice Cream Sponge Roll	Roast Chicken , Stuffing & Gravy , Carrots, Cauliflower Dry Oven Roast & Mashed Potato  Fruit Krispie Square & Custard	Oven Baked Crumbed Fish, Peas, Sweetcorn, Mashed Potato Parsley Sauce OR Chicken Curry, Rice & Naan Bread Fruit & Yoghurt	Chilli Chicken & Salad Wrap OR Oven Baked Sausages, Sweetcorn, Beans, Mashed Potato Or Chips Frozen Yoghurt & Fresh Fruit
<b>Week Three</b>  <b>18/11/2019</b>	Chicken Curry & Rice OR Oven Baked Fish Fingers Lemon Sweetcorn Carrots & Mashed Potato  Ice-Cream Tub & Fruit	Buffet Selection of Sandwiches (chicken/cheese/tuna) Pizza Finger Chicken Nuggets Carrot Sticks  Milk Pudding & Fruit	Roast Pork & Apple Sauce Carrots, Cauliflower Mashed & Dry Oven Roast Potato, Stuffing & Gravy  Fruit Muffin & Milkshake	Vegetable Pasta Bolognaise OR Steak Burger Baked Beans, Broccoli, Mashed Or Baked Potatoes Fruit & Yoghurt	Chicken Tika Noodles OR Oven Baked Sausages Peas Mashed Potato Or Chips  Fruit & Frozen Yoghurt
<b>Week Four</b>  <b>25/11/2019</b>	Chicken Curry & Rice OR Cheese & Tomato Pizza, Peas, Salad & Homemade Wedges Crunchy Fruit Crumble & Custard	Spaghetti Bolognaise OR Chicken Goujons Sweetcorn , Mashed or Herb Diced Potato  Fruit and Yoghurt	Roast Beef, Carrots, Green Beans, Dry Oven Roast Potato, Stuffing and Gravy  Ice-cream & Fruit	Cottage Pie OR Filled Panini Salad Peas and Herb Diced Potatoes  Biscuit, Fruit & Milkshake	Oven Baked Sausages OR Salmon Cake Sweetcorn Beans Mashed Potato or Chips  Frozen Yoghurt & Fruit

**Bread, salad, fruit, yoghurt, milk and water are available daily.**

**If you require any additional information on allergens or special diet please contact the school in the first instance**



*try something new today*