

PRIMARY MENU - 2019 (CHOICE) - MENU A



	Monday	Tuesday	Wednesday	Thursday	Friday
Week One 30/09/2019	Spaghetti Bolognaise & Herb Bread OR Oven Baked Sausages, Carrots, Sweetcorn, Mashed Or Baked Potato Apple Sponge & Custard	Homemade Soup, Potato & Bread, Beef Burger & Bap Coleslaw and Side Salad Flakemeal Biscuit, Fruit Milkshake	Baked Gammon, Pineapple & Stuffing , Cabbage, Carrots, Parsley Sauce, Dry Oven Roast & Mashed Potato Ice-cream & Fresh Fruit	Chicken Curry, Rice & Naan Bread OR Cheese & Tomato Pizza, Baked Beans, Sweetcorn, Mashed or Diced Potato Fresh Fruit & Yoghurt	Oven Baked Crumbed Fish & Lemon OR Chicken Wrap Peas, Coleslaw, Mashed Potato Or Chips Fresh Fruit & Frozen Yoghurt
Week Two 07/10/2019	Savoury Mince Coucous / Pasta OR Stuffed Bacon Rolls, Broccoli, Turnip, Mashed Potato Chocolate Pear Sponge & Chocolate Sauce	Chicken & Tomato Pesto OR Brown Stew, Sweetcorn Mixed Vegetables and Mashed Potato Fruit and Yoghurt	Roast Chicken , Stuffing & Gravy , Carrots, Cauliflower Dry Oven Roast & Mashed Potato Fruit Krispie Square & Custard	Oven Baked Crumbed Fish, Peas, Sweetcorn, Mashed Potato Parsley Sauce OR Chicken Curry, Rice & Naan Bread Fruit & Yoghurt	Chilli Chicken & Salad Wrap OR Oven Baked Sausages, Sweetcorn, Beans, Mashed Potato Or Chips Frozen Yoghurt & Fresh Fruit
Week Three 14/10/2019	Chicken Curry & Rice OR Oven Baked Fish Fingers Lemon, Sweetcorn Carrots & Mashed Potato Ice-Cream Tub & Fruit	Buffet Selection of Sandwiches (chicken/cheese/tuna) Pizza Finger Chicken Nuggets Carrot Sticks Milk Pudding & Fruit	Roast Pork & Apple Sauce Carrots, Cauliflower Mashed & Dry Oven Roast Potato, Stuffing & Gravy Fruit Muffin & Milkshake	Vegetable Pasta Bolognaise OR Steak Burger Baked Beans, Broccoli, Mashed Or Baked Potatoes Fruit & Yoghurt	Chicken Tika Noodles OR Oven Baked Sausages Peas Mashed Potato Or Chips Fruit & Frozen Yoghurt
Week Four 21/10/2019	Chicken Curry & Rice OR Cheese & Tomato Pizza, Peas, Salad & Homemade Wedges Crunchy Fruit Crumble & Custard	<u>Halloween Dinner</u> Spaghetti Bolognaise OR Chicken Goujons Sweetcorn and Chips Apple Tart or Frozen Flavoured Mousse	Roast Beef, Carrots, Green Beans, Dry Oven Roast Potato, Stuffing and Gravy Ice-cream & Fruit	Cottage Pie OR Filled Panini Salad Peas and Herb Diced Potatoes Biscuit, Fruit & Milkshake	<u>Neon Day</u> Oven Baked Sausages OR Salmon Cake Sweetcorn Beans Baked Potato /Chips Rocket Lollies

Bread, salad, fruit, yoghurt, milk and water are available daily.

If you require any additional information on allergens or special diet please contact the school in the first instance



try something new today