

PRIMARY MENU - 2019 (CHOICE) - MENU A



**Bread, salad, fruit,
yoghurt, milk and
water
are available daily.**

**If you require any
additional information
on allergens or
special diet please
contact the school in
the first instance**



	Monday	Tuesday	Wednesday	Thursday	Friday
Week One 02/09/2019	Spaghetti Bolognaise & Crusty Bread OR Oven Baked Sausages, Carrots, Sweetcorn, Mashed Or Baked Potatoe Apple Sponge & Custard	Homemade Soup, Potato & Bread, Beef Burger & Bap Diced Potatoes Biscuit, Fruit and Milkshake	Baked Gammon, Pineapple & Stuffing , Cabbage, Carrots, Parsley Sauce, Dry Oven Roast & Mashed Potato Ice-cream & Fresh Fruit	Chicken Curry, Rice & Naan Bread OR Cheese & Tomato Pizza, Baked Beans, Sweetcorn, Mashed Potato Fresh Fruit & Yoghurt	Oven Baked Crumbed Fish & Lemon OR Chicken Wrap Peas, Coleslaw, Mashed Potato Or Chips Fresh Fruit & Frozen Yoghurt
Week Two 09/09/2019	Savoury Mince Coucous OR Stuffed Bacon Rolls, Broccoli, Turnip, Mashed Potato Or Pasta Chocolate Pear Sponge & Chocolate Sauce	Welcome Back Dinner Steak Burger and Bap OR Chicken Nuggets Beans Side Salad & Chips Orange Juice Rocket Lollies	Roast Chicken , Stuffing & Gravy , Carrots, Cauliflower Dry Oven Roast & Mashed Potato Fruit Krispie Square & Custard	Oven Baked Crumbed Fish,Peas,Sweetcorn, Mashed Potato Parsley Sauce OR Chicken Curry, Rice & Naan Bread Fruit & Yoghurt	Chilli Chicken & Salad Wrap OR Oven Baked Sausages, Sweetcorn, Beans, Mashed Potato Or Chips Frozen Yoghurt & Fresh Fruit
Week Three 16/9/2019	Chicken Curry & Rice OR Chicken Or Cheese Panini, Sweetcorn, Carrots, Mashed Or Diced Potatoes Ice-Cream Tub & Fruit	Buffet Selection of Sandwiches (chicken/cheese/tuna) Pizza Finger Cocktail Sausages Carrot Sticks Milk Pudding & Fruit	Roast Pork & Apple Sauce Carrots,Cauiflower Mashed & Dry Oven Roast Potato,Stuffing & Gravy Fruit Muffin & Milkshake	Vegetable Pasta Bolognaise OR Steak Burger, Onions, Baked Beans, Broccoli, Mashed Or Baked Potatoes Fruit & Yoghurt	Oven Baked Fish OR Chicken Tika Noodles Peas Mashed Potato Or Chips Fruit & Frozen Yoghurt
Week Four 23-09-2019	Chicken Curry & Rice OR Cheese & Tomato Pizza, Peas, Salad & Homemade Wedges Crunchy Fruit Crumble & Custard	Oven Baked Chicken Goujons OR Bolognaise Pasta, Sweetcorn, Mashed Or Herb Diced Potato Fruit & Yoghurt	Roast Beef, Carrots, Green Beans, Dry Oven Roast Potato,Stuffing and Gravy Ice-cream & Fruit	Cottage Pie OR Salmon Cake & Lemon, Carrots, Peas, Mashed Or Baked Potato Biscuit, Fruit & Milkshake	Oven Baked Sausages OR Cheese Panini Sweetcorn, Beans, Mashed Potatoes Or Chips Fruit &Frozen Yoghurt

try something new today