

EDUCATION AUTHORITY NORTH EASTERN
NEW ROW SCHOOL MENU

	WEEK COMMENCING 7th January	WEEK COMMENCING 14th January	WEEK COMMENCING 21st January	WEEK COMMENCING 28th January
MONDAY	Savoury Mince Carrots Mashed Potato/Couscous OR Cheese and Tomato Pizza Wedges and Coleslaw Datekrispie and Custard	Scrambled Egg and Bacon Carrots Baby Boiled Potatoes OR Irish Stew Fruit Cracknel and Custard	Braised Steak Carrots Mashed Potato OR Cheese and Tomato Pizza Wedges and Coleslaw Datekrispie and Custard	Cottage Pie OR BBQ Chicken Drumsticks Mixed Vegetables Mashed Potato Fruit Cracknel and Custard
TUESDAY	Spaghetti Bolognaise Garlic Bread OR Fish Fingers Peas Mashed Potato Fruit Sponge and Custard	Beef Curry and Rice Naan Bread OR BBQ Chicken Drumsticks Sweetcorn Mashed Potato Rice Pudding / Custard and Fruit	Chicken Tikka and Noodles OR Fish Fingers Peas Mashed Potato Swiss Roll and Custard	Chicken Curry Rice and Naan Bread OR Oven Baked Breaded Fish & Lemon Peas Mashed Potato Rice Pudding Fruit / Custard
WEDNESDAY	Roast Chicken Carrots Broccoli Dry Roast & Mashed Potato Stuffing & Gravy Apple Crumble and Custard	Baked Gammon Carrots Cabbage Dry Roast and Mashed Potato Stuffing and Gravy Ice-cream and Chocolate Sauce	Roast Chicken Carrots Broccoli Dry Roast and Mashed Potato Stuffing and Gravy Chocolate Sponge and Custard	Roast Loin Pork Carrots Turnip Dry Roast and Mashed Potato Stuffing and Gravy Ice-cream and Chocolate Sauce
THURSDAY	Homemade Vegetable Soup Potato and Bread Steak Burger and Bap Herb Diced Potatoes Meringue Jelly Fruit /Custard	Oven Baked Crumbed Fish & Lemon Peas Mashed Potato OR Chicken Pasta and Tomato Pesto Mandarin Sponge and Custard	Stuffed /Sliced Bacon Mixed Vegetables Mashed Potato OR Chicken Curry Rice and Naan Bread Apple Crumble and Custard	Steak Burger and Bap Herb Diced Potatoes Vegetable Soup Potato and Bread Meringue Fruit and Jelly
FRIDAY	Oven Baked Sausages Beans Mashed Potato/Chips OR Chicken Curry and Rice Vanilla/Ripple Ice-cream and Wafer	Salmon Cake OR Hot Dog Beans Chips / Baked Potato Milk Shake and Biscuit	Baked Potato Cheese OR Oven Baked Chicken Nuggets Beans and Chips Ice-cream and Jelly	Salmon Cake OR Oven Baked Sausages Beans Mashed Potato / Chips Frozen Fruit Yoghurt

NB: Bread, Milk, Water & Fresh Fruit served alongside every set meal.