NEW ROW SCHOOL MENU

	WEEK COMMENCING	WEEK COMMENCING	WEEK COMMENCING	WEEK COMMENCING
	5th November	12th November	19th November	26th November
MONDAY		Cheese and Tomato Pizza	Savoury Mince	Cottage Pie
		Wedges / Herb Diced Potatoes	Carrots Mashed Potato/ Couscous	OR
	SCHOOL CLOSED	OR	OR	Oven Baked Crumbed Fish
		Irish Stew	Chicken Curry Rice	Mixed Vegetables Mashed Potato
			and Naan Bread	
		Fruit Cracknel and Custard	Pear Sponge and Custard	Fruit Cracknel and Custard
TUESDAY	Spaghetti Bolognaise	Slice / Stuffed Bacon	Homemade Vegetable Soup	Chicken Curry Rice
	Garlic Bread	Carrots Mashed Potato	Potato and Bread	and Naan Bread
	OR	OR	Chicken Nuggets	OR
	BBQ Chicken Drumsticks	Chicken Pasta and Tomato Pesto	Herb Diced Potatoes	BBQ ChickenDrumsticks
	Sweetcorn Mashed Potato		and Coleslaw	Sweetcorn Mashed Potato
	Datekrispie and Custard	Mandarin Sponge and Custard	Meringue Fruit Jelly/Custard	Rice Pudding/Custard and Fruit
WEDNESDAY	Roast Chicken Carrots Broccoli	Baked Gammon Carrots Cabbage	Roast Chicken Carrots	Roast Loin Pork Carrots
	Dry Roast & Mashed Potato	Dry Roast and Mashed Potato	Broccoli Dry Roast and Mashed	and Parsnip Turnip Dry Roast and
	Stuffing & Gravy	Stuffing and Gravy	Potato Stuffing and Gravy	Mashed Potato Stuffing and Gravy
	Apple Crumble and Custard	Swiss Roll Fruit and Custard	Ice-cream and Chocolate Sauce	Apple Crumble and Custard
THURSDAY	Homemade Vegetable Soup	Oven Baked Crumbed Fish	Cheese and Tomato Pizza	Steak Burger and Bap
	Potato amd Bread	Peas Mashed Potato	OR	Wedges /Herb Diced Potatoes
	Steak Burger and Bap	OR	Scrambled Egg Bacon	OR
	Oven Baked Wedges	Chicken Curry Rice	Carrots Baby Boiled/ Mashed Potato	Chicken Tika and Noodles
	Chocolate and Pear Sponge	and Naan Bread		
	with Custard	Rice Pudding / Custard and Fruit	Datekrispie and Custard	Meringue Fruit and Jelly
FRIDAY	Oven Baked Sausages Beans	Salmon Cake and Lemon	Spaghetti Bolognaise	Salmon Cake and Lemon
	Mashed Potato/Chips	OR	OR	OR
	OR	Hot Dog Beans	Fish Fingers Beans	Oven Baked Sausages Beans
	Chicken Curry and Rice	Baked Potato / Chips	Mashed Potato /Chips	Mashed Potato / Chips
	Ice-cream and Jelly	Vanilla/ Ripple Ice-cream and Wafers	Milk Shake and Biscuit	Frozen Fruit Yoghurt

NB: Bread, Milk, Water & Fresh Fruit served alongside every set meal.